On average, at least two children in every class of thirty experience motor control difficulties resulting from Developmental Co-ordination Disorder.*

To identify and support these children you need …

Smart MOVES
Motor Skills Development Programme

A comprehensive support pack for teachers, Special Needs and PE Co-ordinators:

- Profile KS1 and KS2 children with motor co-ordination difficulties
- Design a simple, effective and tailored programme for each child
- More than 100 fun PE activities and games
- Links to the PE Curriculum and supports the PE Schemes of Work
- Fun, motivating and rewarding for the children involved

*Developmental Co-ordination Disorder affects approximately 6% of children within mainstream primary schools, although they appear physically and intellectually normal (Fitzpatrick & Watkinson 2003)
Simple screening tools to help the non-specialist to profile children with co-ordination difficulties

Identifying children with co-ordination difficulties can be challenging. Whilst teacher observation in class is usually enough to raise concerns, they may not have the specialist skills, knowledge or dedicated contact time to make an accurate appraisal.

That’s why the Smart MOVES Programme begins with the Movement Ability Profile (MAP), a structured series of inclusive, easy to administer activities:

- Provides simple, structured, easy to administer activities for the non-specialist
- Considers each child’s current level of ability and skill
- Identifies areas where intervention is required
- Supports three key areas of the PE Curriculum (gymnastics, games and dance)

The Movement Ability Profile (MAP) assesses skills in games, gymnastics and dance

Clear, simple instructions on what to look for in order to make an informed judgement on a child’s ability

Each screening activity is listed here

Jargon free criteria provide insight into support level needed

The Movement Ability Profile (MAP) assesses skills in games, gymnastics and dance

Information to indicate developmental acquisition of skills

Smart MOVES Section 1: Gymnastics/Dance

Movement Ability Profile

1. Commands Crowd
2. Jumping 2 feet together
3. Walk along a line
4. Skipping

Balance/Linking Actions (Gymnastics/Dance)

1. Walk along a bended path
2. Stand on one leg flat
3. Use left hand and move head into a ball
4. Log Rolling

Rating Note: ✓ Match: Child finds it interpretable, having similar ability. Match: Child has difficulty, with some improvement.
WRESTLING BUDDIES

Balance Linking Actions
(I, P, G)

What you need
✓ Mats

WRESTLING BUDDIES

How to play
In pairs, the children sit back-to-back on the floor with legs extended out in front. They try and knock their opponent off-balance or off the mat by just pushing with their hands, like hands vertically to balance them on it area surprised.

Safety Considerations
Referee children of this area

Curriculum Link – Gymnastics/Games
Controlled movement, working with others, following instructions, movement of body and upper body

Sensory Motor Components for Learning
Mediating behaviour, rules of games/learning, strength and core stability, balance, stability movement

Moving Smartly Along
- Try different positions – Feet to feet
- Stood back to back
- Stood side to side
- In high-arching

Further ideas provided to extend the activity

Step 2: Introduce fun, motivating and stimulating activities
Step 3: Involve the children every step of the way

**Smart Movers Quiz**

The Smart Movers Quiz encourages and motivates children to participate in the Smart Moves programme. The quiz enables them to express their own opinions about the activities they believe they are good at, and the ones they would like to improve.

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<tr>
<th>Smart Movers Quiz</th>
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<tr>
<td>Things I do in PE and Games</td>
<td>How do I do?</td>
<td>Other things I would like to try</td>
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<tr>
<td>Catch</td>
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<td>Kick</td>
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<td>Aim and throw</td>
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<td>Climb and Use Apparatus</td>
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<td>Hop and skip</td>
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<td>Dance</td>
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**Smart Movers Journal**

The Smart Movers Journal encourages children to set their own goals, evaluate their progress and consider some of the reasons for their success or difficulty.

**Involve and include children by encouraging them to consider their own performance for a range of skills and activities**

**Encourage children to record and evaluate their own performance and achievement throughout the programme**

Each child can record how they did in PE and Games, what they liked best, what they enjoyed doing well, what they would like to be better at, and what they would like to improve upon throughout the programme.
Step 4: Monitor and evaluate progress

Achievement Log

Monitor and evaluate each child’s progress throughout the Smart Moves Programme

The Smart MOVES Programme provides all the tools you need to monitor and evaluate the progress that each child makes. Using the same criteria and language as the Movement Ability Profile, both teacher and child can see for themselves the improvement in ability and confidence that the programme delivers.

Step 5: Reward achievement

Rewarding Achievement

Personalised achievement certificates that teachers can present to recognise and reward each child’s achievement

The weekly achievement record uses the same criteria as the Movement Ability Profile to ensure consistency
I would like to order the **Smart MOVES** Motor Skills Development Programme

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Motor Skills Development Programme(s) @ £85.00 each =
including postage & packing (UK only)

I enclose my cheque for
(payable to Smart Consultancy and Coaching Ltd)

Please invoice me. My purchase order reference is

Please ask a representative to call me. My phone number is

**Your details**

Name

Position

School/organisation

Address

Post Code

Telephone

Send to: **Smart Moves • 37 Mill Street • Usk • Monmouthshire NP15 1AP**

Or Phone: **01291 673926**

Or Fax: **01291 673926**

Or Web: **www.Smartcc.co.uk**